

# Quick Start Guide

## Freestyle VIP3 Pro Accessory Kit (AC920)

Compatible with Freestyle Pro & Edge Keyboards

### Introduction

The VIP3 Pro is designed to enable adjustable tenting of your Freestyle Pro keyboard. The VIP3 Pro can be adjusted to provide tenting angles of 5°, 10°, or 15° and each side of the keyboard can be set independently to suit your preferences. The tenting angle is easy to adjust without detaching the VIP3 Pro from the keyboard.



*VIP3 Pro kit installed on Freestyle Pro keyboard, 10 degree tenting shown.*

### What is Tenting?

“Tenting” is the elevation of the center portion of a split keyboard. By raising your thumbs, your forearm muscles become relaxed, resulting in significantly improved comfort and blood flow. The palm supports included in the kit further improve relaxation of forearm, neck and shoulder muscles.

### VIP3 Pro Contents

Each VIP3 Pro kit contains a pair of left and right palm supports, replaceable self-adhesive palm pads, and left and right “v-lifters” which mount to the underside of the keyboard once the palm supports are installed. Each v-lifter can produce three reproducible tenting angles without any additional accessories.

*NOTE: The v-lifters and palm supports are not interchangeable. For stable operation, the left v-lifter and left palm support must be installed on the left key module and vice versa.*

*VIP3 Pro kit contents*



### Installing VIP3 Pro

**1. Disconnect keyboard:** Unplug the keyboard or shut down your computer to avoid accidentally pressing any keys.

**2. Install Palm Supports:** The palm supports must be installed prior to installing the v-lifters. Identify the left and right palm support by using the legend engraved on the underside of the palm support.

Match the correct palm support to the appropriate key module, then place both key modules and palm supports upside down on a flat surface.

Slide each palm support towards its key module to engage the three mounting tabs in their prospective slots (arrows).

If the palm supports don't slide on smoothly and allow the two locking loops to engage, confirm you are using the correct (right or left) palm support.

*Installing palm supports*



**3. Install v-lifters:** Identify the left and right v-lifters based on their labels. With the keyboard still upside down, insert the two end-tabs into the square holes on the underside of the appropriate key module at a 90° angle. If you don't insert the end tabs at a 90° angle, the v-lifter may not align properly. Once the end tabs are in place, lower the other end of the v-lifter until the two "squeeze-tabs" snap into the palm support. The v-lifter should lock securely into place. When both v-lifters are installed, gently flip the keyboard back into the upright position and reposition the modules for typing.

### Removing VIP3 Pro Kit

1. Unplug the keyboard or shut down your computer.
2. Position the key module upside down and press the "squeeze-tabs" together slightly.
3. Lift straight up on the squeeze-tab end of the v-lifter until the two end-tabs can be disengaged.

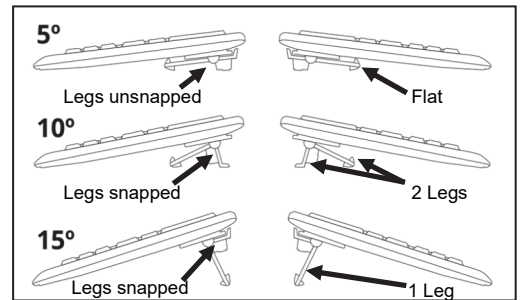
**NOTE: Do not attempt to remove the palm supports while the v-lifters are attached. This could damage the palm supports and/or the v-lifters.**

### Adjusting VIP3 Pro

The VIP3 Pro can be quickly adjusted to provide 5°, 10°, or 15° tenting. Each v-lifter has two hinged legs which provide 5° tenting when unsnapped (i.e., flat). The legs may be snapped together to form a rigid "V" to achieve 10° & 15° tenting.

**5° tenting:** The VIP3 Pro ships with the legs unsnapped. To convert back to 5° after changing to 10° or 15°, pull the short and long support legs apart to release the snaps. The legs will fold flat from the weight of the keyboard.

**10° and 15° tenting:** To enable the higher tent settings, simply squeeze the two legs of one v-lifter together to engage the snaps. To change between the 10° and 15° angles, lift each key module slightly and flip the snapped v-lifter to one of the two positions shown below.



1. Insert end-tabs into square holes in backside of key module



2. Then lower this end until squeeze-tabs (underneath) lock into the palm support

### Tips & Troubleshooting

For best results, start at 5° tenting and as your body adapts, experiment with 10° and 15° tenting to find the setting that works best for you.

If the VIP3 Pro feels unstable you may have installed the v-lifters on the incorrect key modules, or the legs may not be fully snapped into place.

### Health Caution

If you experience pain, weakness, or tingling while using a keyboard, consult a qualified health professional.

### Support

For additional support please email technical support: [tech@kinesis.com](mailto:tech@kinesis.com).



Kinesis Corporation  
22030 20<sup>th</sup> Avenue SE, Suite 102  
Bothell, WA 98021 USA

[www.kinesis.com](http://www.kinesis.com)

[sales@kinesis.com](mailto:sales@kinesis.com)

Version May 8, 2018